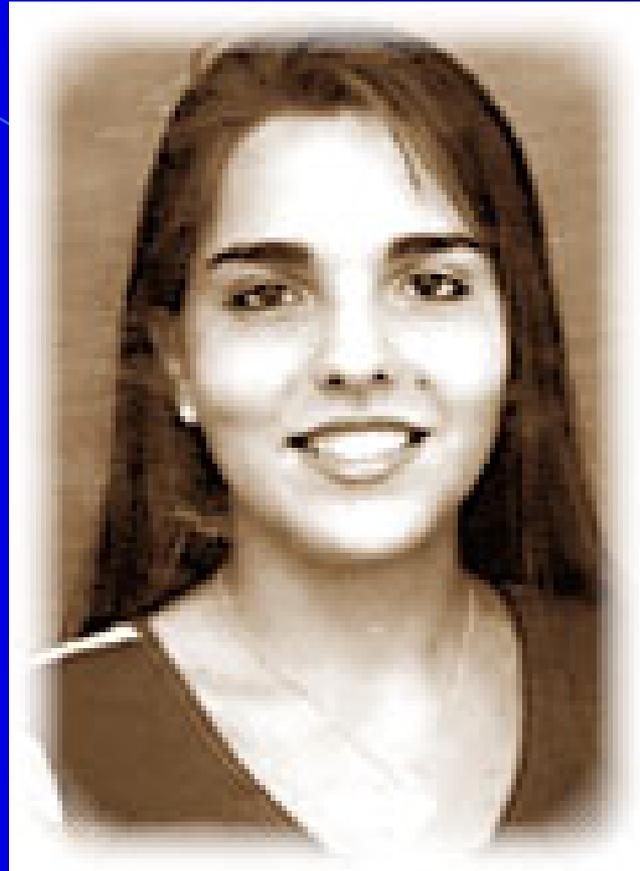


NOT EVERYONE THAT GETS
HIT BY A DRUNK DRIVER DIES



The Jacqueline Saburido Story



Not everyone who gets hit by a drunk driver dies.



Jacqueline Saburido was 20 years old when the car she was riding in was hit by a drunk driver. Today, at 23, she is still working to put her life back together.

Learn more at www.TexasDWI.org

DON'T DRINK & DRIVE

Save a Life
Texas Department of Transportation

Texas Department of Public Safety • Texas Alcoholic Beverage Commission • Texans Standing Tall • Partnership for a Drug-free Texas • Texas Commission on Alcohol and Drug Abuse

WHY NOT DRINK & DRIVE?

**Presented by
Michael Reed**

IMPAIRED DRIVING

- What is impaired driving?
 - Impaired driving is a reduction in the performance of critical driving tasks due to the effects of alcohol or other drugs.



DRUNK DRIVING FACT SHEET

- An average of one alcohol-related traffic fatality occurs every 31 minutes.
- Three in every ten Americans will be involved in an alcohol-related traffic crash during their lifetime.
- Today in the U.S., traffic crashes are the greatest single cause of death for every age group between 6 and 27 years.

IMPAIRMENT AND SEAT BELTS

- When impaired, seatbelt usage falls to below 20%.
- Eighty percent of all occupants killed in DWI crashes are unrestrained by seatbelts.
- Seatbelt use reduces fatal or serious injury to front seat passengers 45-50%.
- Seatbelts are the best defense against an impaired driver.



BLOOD ALCOHOL LEVELS

BAL

Effect

.00 - .029	Social lubricant, relaxed feeling
.03	50% of drinkers are impaired
.05	95% are impaired; considered DRUNK ON DUTY/DWI/Legally Intoxicated
.08	Driving skills SIGNIFICANTLY impaired
.10	7x likely to be involved in a traffic accident

BLOOD ALCOHOL LEVELS

BAL

Effect

.20-.29

Most drinkers are heavily sedated

.30-.40

Range most drinkers pass out

.45

Most become comatose at this level

.50-.55

Most will die at this level

FACTORS THAT INFLUENCE BAC

- Body weight and composition
- Type and number of drinks
- Time
- Gender
- Food
- Age
- Medications

ALCOHOL & DRIVING

- Because alcohol affects the central nervous system, you will experience:
 - Loss of concentration
 - Visual problems
 - Poor judgment
 - Slower reaction time

PHYSICAL EFFECTS

- Depressant
- Quickly absorbed into the bloodstream
- Slows thought processes in the brain
- Collected and processed slowly
- Toxic drug that creates:
 - Tolerance
 - Dependence
 - Withdrawal symptoms

COMMON SIGNS OF IMPAIRED DRIVING

- Weaving across the road or straddling the center line
- Following other cars too closely
- Driving too fast or too slow
- Failing to use headlights or dim high-beam lights
- Running over a curb
- Driving with windows open in inclement weather
- Stopping or starting suddenly

COMMON SIGNS OF IMPAIRED DRIVING

- Stopping for a green light or running a red light
- Failing to use turn signals or using the wrong signal
- Slumping in the driver's seat
- Having your head out the window when driving

WHAT IF YOU SPOT AN IMPAIRED DRIVER?

- Maintain a safe following distance. Do not attempt to pass. He/she might swerve into you.
- If a driver is behind you, turn right at the nearest intersection. Let the driver pass before returning to your route.
- Move to the shoulder and stop if the driver is coming head-on. Sound your horn and flash your lights to try and get his/her attention.

WHAT IF YOU SPOT AN IMPAIRED DRIVER?

- Slow down and expect the unexpected when approaching an intersection. After midnight, be extremely cautious crossing an intersection—even if the light is green.
- Use your seatbelts. Keep children in approved safety seats. Keep all doors locked.
- Get the license number. Use your mobile phone or nearest pay phone and give a report. Give a description of the vehicle, direction headed, license number and your location.

DRUNK DRIVING PENALTIES

- UCMJ Action
 - Article 15
 - Court martial
- Military Administrative Actions

MILITARY ADMINISTRATIVE ACTIONS

BAC Level	POV License	Lose SF 46	Traffic Points	CCC Referral	Remedial Driving	GO Ltr of Reprimand
0.5-0.79 mg/ml	Susp. 90 days	optional	6 points assessed	yes	yes	optional
.8-.99 mg/ml	Susp. 6 months	optional	6 points assessed	yes	yes	optional
1.0 and above	revoke	mandatory	6 points assessed	yes	yes	mandatory

Upon a *second* drunk driving incident within five years, your POV and military licenses are revoked for five years.

EFFECTIVE STRATEGIES

- Unit prevention education classes
- Alternative transportation programs
 - Designated driver
 - Taxi fund
- Unit drug and alcohol policies
- Breathalyzer testing
- Unit activities

RESOURCES

- Community Counseling Center/ASAP
- Mental Health
- Chaplain
- Family Advocacy Program
- AA
- BOSS
- ITR/ODR

RESOURCES

- Post Safety
- Kontakt
- Army Community Services
- Bavarian Monthly/Training Times/S&S
- Post Library
- Education Center
- Fitness Center

REMEMBER...

- The best driver can be impaired even after **ONE** drink.
- Don't take the risk...don't drink and drive.
- Don't let your friends drink and drive.
- **ENJOY YOUR STAY IN GERMANY**
- **STAY DRUG FREE**
- **STAY SOBER!**

