

General Counseling Hours

Monday: 1:00–3:59 p.m.

Tuesday: 9:00– 10:50 a.m.

1:00-3:59 p.m.

Wednesday: 9:00– 10:50 a.m.

1:00-3:59 p.m.

Thursday: 9:00– 10:50 a.m.

1:00-3:59 p.m.

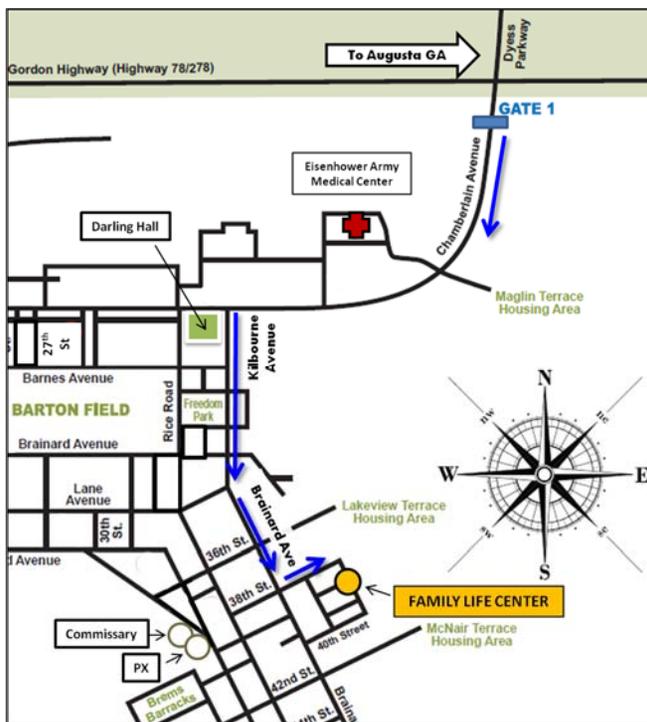
Statement of Mission and Commitment

Dedicated to providing quality pastoral and psychotherapy counseling for care of the whole person, the couple, and the family.

Dedicated to contribute to Fort Gordon's overall mission, the center works to collaborate and intersect efforts with other helping agencies and services on Post and the surrounding community.

Confidentiality and Safety

The Family Life Center is committed to the confidentiality of its clients and content of counseling. The center counseling rooms are equipped with a surveillance system to ensure quality of service and safety for all.



Directions from Gate 1

Through Gate 1 and on on Chamberlin Ave.

Turn left onto Kilbourne Avenue

Veer left onto Brainard Avenue

Keep straight, through the four-way stop

Take the next left onto 38th Street

Turn right onto Academic Drive



The Family Life Counseling Center

Fort Gordon, Georgia



Free, Unlimited, Confidential Counseling and Education

706-791-7421/1732

**Family Life Center
38th St. & Academic Drive,
Bldg 38804, Ft. Gordon, GA
30905**

*A Professional Counseling Service
Extension of the Center Chaplain
Religious Support Office*

Enhancing Marriage and Personal Life

Counseling (Individual/Couple)

- ◆ Making meaning connection
- ◆ Self-Management and Conflict
- ◆ Crisis Management
- ◆ Depression and Anxiety
- ◆ Divorce
- ◆ Grief and Loss
- ◆ Marriage and Premarital
- ◆ Parenting Children and Teens
- ◆ Building / Rebuilding Trust
- ◆ Anger Management
- ◆ Addiction Counseling
- ◆ Abuse
- ◆ Suicide
- ◆ PTS/PTSD (EMDR)
- ◆ Separation Issues
- ◆ Late-Childhood—Adolescence

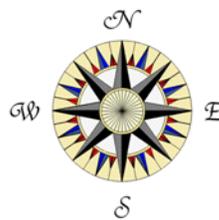
Across Life Stages Counseling



Spiritual Resilience—Journey of Life

Religious & Spiritual Counsel

- ◆ Stages of Faith
- ◆ Spiritual Life Renewal
- ◆ Faith During Crisis
- ◆ Listening for the Voice of God
- ◆ Marriage and the Bible
- ◆ Raising Godly Children
- ◆ The roles of Faith and Pain
- ◆ Addressing Sin and Shame
- ◆ New Believers Counseling
- ◆ Using Scripture in Every Situation



Marriage 101 (Monthly) Last Thursday 0900-1500

- ◆ Required for use of FT Gordon chapel facilities for marriage ceremonies.
- ◆ Both parties wishing to get married must attend together
- ◆ Married couples welcome
- ◆ Reservation required— 706-791-7421

Areas Covered During Class

- ◆ Calming down, Growing together, Getting closer
- ◆ The Fires associated with Marital Commitment
- ◆ Getting Closer Through Intimacy and Love
- ◆ Communication and Love Languages
- ◆ Love Mapping Activities

