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The Signal



Friday, July 25, 2003

Published for the Department of Defense and the Fort Gordon community

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News UPDATE

Welcoming ceremony

There is a welcoming ceremony for Brig. Gen. Greg Premo, incoming deputy commanding general, U.S. Army Signal Center, at 8:30 a.m. **Monday** at Signal Towers courtyard. For information call Staff Sgt. Carlos Jenkins at 791-3702.

Awards ceremony

The installation quarterly awards ceremony is 8:30 a.m. **Thursday** in Conrad Hall. The ceremony will honor the following individuals:

Servicemember of the 3rd Quarter, Fiscal Year 2003: Spc. Wayne Landis (Company A, 206th Military Intelligence Battalion); Noncommissioned Officer of the 3rd Quarter, Fiscal Year 2003: Staff Sgt. Sara Smith (Company B, 551st Signal Battalion); Instructor of the 3rd Quarter, Fiscal Year 2003: Staff Sgt. LaManns Fingers (Headquarters & Company A, 369th Signal Battalion); Civilian of the 3rd Quarter, Fiscal Year 2003: Judy Wyatt (Military Personnel Division, Directorate of Human Resources); Volunteer of the Month (April 2003): Kathryn Robertson (442nd Signal Battalion Family Readiness Group); Volunteer of the Month (May 2003): Karenann B-Amster (American Red Cross); and Volunteer of the Month (June 2003): Rae Lynne Guthrie (Community Life Center). Everyone is encouraged to attend.

For information, contact Staff Sgt. Pam Lyons at 791-1871.

Single soldier day

Better Opportunities for Single Soldiers presents Single Soldier Day at noon **today** at Barton Field, behind the theater. The theme, *Around the World in Half a Day*, will include an early morning fun run and guidon competition, Mr. & Ms. Fort Gordon GNC Iron Man/Woman Competition (three-mile run, pull-ups, sit-ups, push-ups, 100-meter dash), and a reggae contest.

Sample food from the Orient, the Caribbean, Mexico, Italy and France. Tickets are \$1.

For information or to enter events, contact your unit BOSS representative, or call Sgt. Latanga Clinton at 791-6415 or Spc. Arianne Gonzalez at 791-7862.

ACS birthday

Army Community Services celebrates its 38th birthday from 11:30 a.m.-12:30 p.m. **today** in the Darling Hall atrium. For information, call 791-3579.

New Army begins training

Steve Brady
Signal editor

A group of soldiers being trained at Fort Gordon are currently poised on the cutting edge of Army transformation.

Solders from the 172nd Separate Infantry Brigade at Fort Wainwright, Alaska, are being trained here on the signal aspect of the Army's new Stryker Brigade Combat Team. "The Stryker vehicle pro-

vides the warfighter increased survivability, mobility and lethality," said Sgt. 1st Class Phillip Arnold, chief of Team Signal for the Directorate of Training. "It can move quickly across open terrain and also maneuver efficiently through areas other vehicles can not get to."

The Stryker is at the center of the Army's Stryker Brigade Combat Teams. The SBCTs will be light and highly mobile.

They are also designed to run more quietly, increasing their ability to strike by surprise.

One of the Army's transformation goals is to deploy brigade combat teams anywhere in the world within 96 hours, a division in 120 hours, and five divisions within 30 days, according to former Army Chief of Staff Gen. Eric K. Shinseki. The Stryker is not an experimental force, rather it represents a force capable of meeting the needs of regional commanders in chief, while assisting the Army in developing doctrine to meet 21st-century

threats, Shinseki said.

The Army is producing eight variants of the vehicle including an infantry carrier, mortar carrier, reconnaissance vehicle, anti-tank guided missile vehicle, fire-support vehicle, engineer support vehicle, command-and-control vehicle, medical-evacuation vehicle and NBC reconnaissance vehicle.

The Strykers are designed to augment, not replace, the M1 Abrams tank and the M3 Bradley Infantry Fighting Vehicle. The Strykers will be used in places, such as urban areas, where other heavily-armored

vehicles are cumbersome and difficult to maneuver.

Even though the Stryker provides these capabilities, Arnold said, what is more important are the advanced communications systems inside the vehicle. The vehicle contains routers, switches, and other communications systems to provide situational awareness to the commander through the use of a tactical Internet.

For instance, the vehicle can instantly transmit to commanders the position of friendly and

See Stryker, page 4



Photo by Steve Brady

Spc. Anthony Hunter, 21st Signal Battalion, practices connecting a SINGARS radio system Tuesday in Burkhardt Hall. Hunter is part of the Army's newest Stryker brigade being formed at Fort Wainwright, Alaska.



Photo by Sgt. 1st Class Gary Ogilvie

The Strykers have a maximum speed of 60 mph and a range of 300 miles on a tank of fuel. The vehicles are fast, easily maintainable and have armor that will stop 50-caliber bullets and protect against 152mm airburst shells. They have run-flat tires, a built-in fire-suppression system and self-recovery winch. The vehicles will also reduce logistics costs, making the Stryker brigades an affordable alternative to today's heavy brigades.

Talent abounds at annual SAS youth talent show

Steve Brady
Signal editor

More than 50 energetic and artistic youth participated in the School Age Service's annual summer talent show Friday.

Four classes and a dance troupe took to the spotlight to perform a skit they had rehearsed.

"It's entertaining and fun for the kids," said Marie Williams, education technician at SAS. "They get excited over the costumes and routines they've been practicing for a while."

Routines included singing, dancing, joke telling and cadences.

While Williams put the finishing touches on several costumes backstage, the performers' parents were already gathering for the performance.

"I think it's nice to get the kids together for them to have some fun," said Staff Sgt. Nathaniel Pailen, an instructor with Company A, 447th Signal Battalion, whose two sons Nathaniel and Christopher were performing in the



Photo by Steve Brady

Candice Artis and classmates perform a dance skit as part of the School Age Services summer camp talent show Friday.

show.

"They do a lot of the normal kid things like video

games, and this gives them the opportunity to try something new."

TDY travelers find lodging here more plentiful

Military and civilian personnel coming to Fort Gordon on TDY orders now have an alternate place to reside while on temporary duty.

As of July 1, Fort Gordon Lodging has contracted with Best Western, Red Roof Inn and Motel 6 to accommodate guests when on-post rooms are filled to capacity.

The new accommodations are the result of the thousands of personnel visiting the fort each year.

This partnership with the local motel chains will provide additional rooms for TDY travelers while strengthening the ties between Fort Gordon and the Augusta community. The contracted motels will receive additional business and Fort Gordon will be able to ensure that visitors are properly accommodated.

"I think it's going to be a great asset for TDY personnel here," said Ira Beaufort, lodging manager for Morale, Welfare and Recreation. The hotels are conveniently located, he said, and offer amenities typical to accommodations offered on post.

With the addition of the contract, visiting personnel will have

an easier time finding rooms while they are here, Beaufort said, while not costing the Army additional monies.

If on-post lodging is filled, Fort Gordon personnel will coordinate off-post lodging arrangements and provide referrals to the motels. The referrals will act as an authorization to check-in to the motels.

These alternate room assignments will be mandatory for anyone receiving orders specifying government lodging; however, guests being assigned off-post will still enjoy the same amenities as those persons staying on-post: free continental breakfast, access to fax machines and gyms. While pets are not allowed in the on-post lodging facilities, Motel 6 offers a "pet friendly" environment.

Fort Gordon's lodging front desk staff can provide additional information on boarding and kennel services in the area.

For more information on TDY lodging accommodations, call Jerry Hinkle at 790-3676 ext. 1002 or go to fortgordon.com/lodging.htm for general information.

(From an MWR news release.)

Firefighters read, teach fire safety to kids

Joseph Hamm

Directorate of Public Safety

The Fort Gordon Fire Department was the guest for the Summer Reading Program at Woodworth Consolidated Library Monday.

Lt. Clint Steerman, Ladder Truck Co. 30, led the reading, seizing a valuable opportunity to interact with the 14 children attending. He talked about fire safety including conducting exit drills in the home, who to call in an emergency, and 911. He also talked about where to meet family after exiting the home, not hiding during a fire and emergency, and understanding the firefighters are there to help.

When the reading and discussion were finished, the children were escorted outside to where David Edmiston, a firefighter and emergency medical technician, gave a presentation of the ladder truck and other equipment the company uses for fire fighting and rescue.

George Kearns, also a firefighter and EMT with the company, gave a demonstration while dressed in his fire-fighting suit, including a Self Contained Breathing Apparatus air bottle and mask. This type of interaction reduces the opportunity for a child to be afraid of the firefighter during an emergency.



The company is open to the public for tours. For information, call 791-4141 or 791-1206.

(Hamm is a fire inspector with the Fire and Emergency Services Division.)

(Top) David Edmiston, a firefighter and EMT with the Fort Gordon fire department, shows kids at Woodworth Library the company's ladder truck. (Right) George Kearns, also a firefighter and EMT, demonstrates equipment firefighters use to enter smoke-filled buildings.



Pentagon 9/11 memorial fundraiser held

Alfonso Lopez

Army News Service

WASHINGTON — The first steps were taken toward the creation of a Pentagon memorial during an initial fundraiser in the Pentagon courtyard Monday.

The Department of Defense Personnel Pentagon Memorial Organization held the opening fundraiser for the planned Sept. 11 memorial. The ceremony began with four speakers who talked about their experiences and the importance of a memorial. Afterward the audience, and others in the area, submitted their donations.

The memorial has special significance to many of those involved in the program. In some way, they have a personal connection to the project's purpose, said Rosemary Dillard, vice president of the Pentagon memorial foundation. Her husband, Eddy Dillard, was onboard the aircraft that hit the Pentagon.

The organization has been

meeting since November 2001, said Dillard, but she added "This is the first of several fundraisers that will be held until Aug. 8."

Richard McGraw, director of the DoD NATO ministerial task force, manages the Pentagon memorial program as a volunteer. He was working in the Pentagon Sept. 11 during the attack.

McGraw said he was satisfied with the outcome of the first fundraiser.

"In the short run I hope that our internal campaign raises between a million and a million and a half dollars," McGraw said. "In the long run...the victims' families will raise the \$20 million necessary to complete the construction and maintain it," said McGraw.

The fundraiser was the first step, "into making sure that not only the government employees know about it but also a start in making sure that the public is aware of our endeavor," said Dillard.

Steve Kelly, director of the



Photo by Alfonso Lopez

Steve Kelly, director of the Voluntary Campaign Management Office for DoD, takes donations from the audience after speeches July 21.

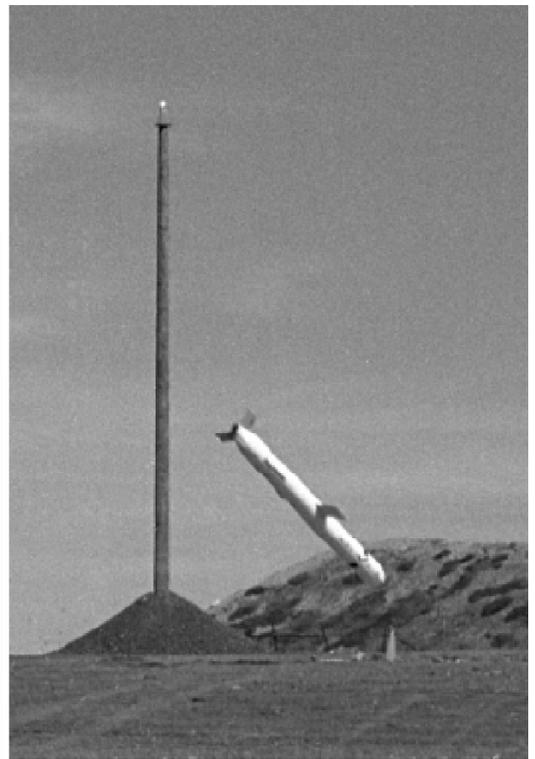
Voluntary Campaign Management Office for DoD, handled the donation collection. "This kind of event is important...it needs to be visible."

"We have got to do it right; we only have one time to do this and it must be right," said Dillard. Though she and her colleagues want to see the program completed, they are not constricting the program to a set date.

"It'll be done when it's done and it'll be done right," said McGraw.

"We hope to have it finished and completed by 2005," said Dillard.

Unlike other similar programs, Dillard said, the members of the memorial board are not paid for their work. "This is a voluntary effort for us; all of the dollars go to building the



Official U.S. Navy file photo of a Tactical Tomahawk, the next generation of Tomahawk Cruise Missile, moments before impact on a test target.

Submarine test launches live Tactical Tomahawk warhead

Sandra Schroeder

Naval Air Systems Command
Public Affairs

PATUXENT RIVER, Md.

— With an unprecedented string of successful test events, the U.S. Navy's new Tomahawk cruise missile, Block IV or Tactical Tomahawk, completed its government technical flight test evaluation period.

The Tactical Tomahawk, configured with a live warhead, was launched from a Los Angeles-class submarine, USS Tucson (SSN 770), Sunday, in the waters of the Naval Air Systems Command sea test range off the coast of Southern California.

The event marked the missile's first live warhead shot from a submarine and the second launch of the Tactical Tomahawk from the Tucson using the new submarine Combat Control System (CCS MK2).

After receiving the launch commands from the CCS MK2, the missile emerged from the ocean's surface and successfully demonstrated shroud separation, rocket motor firing/separation, and deployment of fins, inlet cover and wings, as it transitioned to cruise flight for the 720 nautical mile mission to target impact into NAVAIR's San Clemente Island facility.

The test successfully demonstrated the unique Block IV weapon system communication capability between Tucson, tactical ground controllers and the missile by using

the Tomahawk Strike Network.

While in flight, the missile's route was tactically altered, demonstrating the remarkable flexibility of this system.

Once over the target, the missile flawlessly performed a terminal high dive angle attack on a simulated military radio facility, achieving successful detonation and impact well within delivery requirements.

"This flight closes out the most successful developmental test phase in the Tomahawk program's 32-year history. Our success is a direct reflection of the superb team that the Navy and Raytheon have put together to provide the warfighter with a truly transformational weapon system," said Capt. Bob Novak, Tomahawk All-Up-Round program manager.

"We are on track to proceed to the operational testing phase of Tactical Tomahawk starting later in the fall. Our aggressive schedule will ensure that the weapon has completed testing to meet the needs of the operational Navy in the spring of 2004."

The Tomahawk missile is ship and submarine launched, and was first employed operationally during Desert Storm. Since then, the missile has been heralded for its accuracy and lethality in numerous operations.

The Tactical Tomahawk boasts enhancements as demonstrated Sunday, which increase warfighter effectiveness and responsiveness, while significantly reducing acquisition and life cycle costs.

Military commander details mission that killed Hussein's sons

Kathleen T. Rhem

American Forces Press Service

WASHINGTON — U.S. military officials in Iraq believe a coalition missile barrage at roughly 1 p.m. eastern time Tuesday struck the fatal blow to Uday and Qusay Hussein.

On Wednesday, Lt. Gen. Ricardo Sanchez described the 101st Airborne Division operation in northeast Mosul, Iraq, that led to the deaths of Saddam Hussein's sons, numbers two and three on U.S. Central Command's list of most wanted members of the former regime, and two others.

Published media reports have said the other two individuals were Qusay Hussein's 14-year-old son and a bodyguard. Sanchez was unable to confirm this, saying officials are still working to positively identify the other two bodies.

Speaking at a press conference in Baghdad, Sanchez, the commander of Coalition Joint

Task Force 7, said Tuesday was "a landmark day for the people and the future of Iraq."

In a White House appearance a few hours later, President Bush agreed. "Yesterday, in the city of Mosul, the careers of two of the regime's chief henchmen came to an end," Bush said in an appearance with Defense Secretary Donald Rumsfeld, Joint Chief's Chairman Air Force Gen. Richard Myers, and Ambassador L. Paul Bremer, the U.S. civil administrator in Iraq.

"Saddam Hussein's sons were responsible for torture, maiming and murder of countless Iraqis," he said. "Now more than ever, all Iraqis can know that the former regime is gone and will not be coming back."

Sanchez said the operation began late Monday, when an Iraqi civilian gave coalition forces information as to the whereabouts of Uday and Qusay.

That night, coalition commanders planned the operation, gathered the required troops and weapons systems, and cordoned off the neighborhood. Iraqi police established an outer perimeter, Sanchez said.

The general said the mission began at 10 a.m. Tuesday as a "cordon-and-knock operation," in which coalition troops secure an area then knock and ask if the individuals they are looking for are in the residence. In this instance, troops "knocked" using a bullhorn to order everyone out of the building. When they got no response, soldiers entered the home at 10:10 a.m. local time.

"Immediately upon entering the building, shots were fired," Sanchez said. "We immediately determined that the targeted individuals were barricaded in the fortified portion of the building, which was the second floor, and they started engaging with small arms," believed to be AK-47 rifles.

Three soldiers were injured

on the stairs and another outside the building before the unit withdrew and called in a quick-reaction force and "heavy weaponry."

The injured soldiers were evacuated within minutes. At this point, ground commanders decided it was appropriate to "prep the objective prior to reentry," Sanchez said. In military speak, this means to use heavier firepower to make the situation safer for the soldiers on the ground. In this case, commanders called for the use of OH-58D Kiowa Warrior helicopters and their 2.75-inch rockets, Mark-19 grenade launchers, AT-4 rockets, and helicopter- and humvee-mounted .50-caliber machine guns.

At noon, the general explained, soldiers attempted entry again and again took fire from the second floor and chose to withdraw. Clearly, further "preparatory fires" were called for.

At 1 p.m., forces on the ground fired 10 tube-launched optically tracked wire-guided

missiles, commonly called TOWs, into the house. "We believe that it is likely that the TOW missile attack was what wound up killing three of the adults," Sanchez said.

At this point, he explained, officials considered using heavier weapons, such as those on AH-64 Apache helicopters and Air Force A-10 Thunderbolt IIs, which were standing by, but decided against that course of action because of the risk of unintended damage to the surrounding neighborhood.

Twenty-one minutes later, forces again entered the home, took fire as they reached the second floor, and "killed the remaining individual."

Officials went to great lengths to confirm that two of the bodies were those of Uday and Qusay. Sanchez said that four separate senior members of the former regime identified the bodies independently, including number four

on the list, Abid Hamid Mahmud, Saddam Hussein's personal secretary.

Officials studied x-rays that showed old wounds on one of the bodies were consistent with injuries Uday Hussein was known to have suffered in an earlier assassination attempt that left him partially paralyzed. Dental records also provided conclusive evidence of the identities of the two. Sanchez explained that because of damage to the body, dental records provided a 90 percent match for Uday. But dental records showed a 100 percent match for Qusay.

Autopsies will follow, he said, adding that officials are considering how to provide proof of the brothers' deaths to the Iraqi people. "We will provide follow-on information over the course of the coming days," he said. Sanchez also refused to rule out providing photographs of the bodies to the Iraqi public.

Knight's Table re-opens

Spc. Leslie Pearson
513th Military Intelligence Brigade

Dining Facility #11, or The Knight's Table as it is more commonly known, has reopened following the return of 513th Military Intelligence Brigade soldiers from the Middle East.

"We're going to have a grand opening with a soul food dinner as soon as all of the soldiers are back," said Sgt. 1st Class Gloria Worley, the assistant to the DFAC manager. "When our head count is up again we're also going to have a sandwich bar and a taco bar for people who want to get something quick."

The facility, located in Building 21709 on the corner of B St. and 21st St., is now serving breakfast from 7:30-9 a.m. and lunch from 11:30 a.m.-1 p.m. The facility is closed during dinner and on the weekends.

For as little as \$1.60 soldiers can squelch PT-induced hunger pangs by feasting on a breakfast of

oven fried bacon, country sausage gravy, baked sausage links, omelets, scrambled or griddle fried eggs, French toast, pancakes, hot rolled oats, hominy grits, hash browns, glazed doughnuts, bran muffins and of course fruit, coffee, cappuccino, milk, tea and juice.

The lunch menu includes standard fare such as grilled hamburgers, cheeseburgers and French fries, corn dogs, pizza and various chicken dishes with rotating daily specials, and costs a mere \$3.25.

For health conscious eaters, the DFAC offers various low fat foods that will meet a soldier's nutritional needs such as fruits, vegetables, rice and a full salad bar. A listing of the day's menu is posted at the entrance with a breakdown of calories per portion size.

The Knight's Table is a past recipient of the Philip A. Connelly Award, an award named after the past president of the International Food Service Execu-

tives Association, which honors food service specialists who have taken the responsibility of feeding hungry soldiers to the highest levels.

The DFAC staff is planning several beautification projects for the exterior of the facility. Photographs of the recent deployments will be exhibited and a comment box will be available for soldiers to drop in any suggestions for improvement.

"We want to create a homey atmosphere in the dining facility because we know most of the soldiers are in an office or other work environment all day and they want a place to eat that feels comfortable and relaxing," said Worley.

The facility is conve-

niently located near the Brown Hall barracks, making it easy for those living on post to stop in for a good breakfast before work. It's also within walking distance for soldiers in the 202nd and 297th MI battalions wanting to grab a quick lunch instead of fighting the lines at the post exchange or spending time driving off post.

"It's cheap, it's convenient, it's clean, the food is good, and the service is good too," said Spc. Felicia Thompson, a photographer and videographer in the 297th MI Battalion.

"They have a variety of food to choose from including fresh fruits so I plan on eating here every morning," she said.



Photos by Spc. Leslie Pearson

A pair of soldiers have lunch at the Knight's Table dining facility. The DFAC is open weekdays for breakfast and lunch.



Pvt. Melanie Gunn, 297th MI Battalion food services, prepares omelets at the Knight's Table.

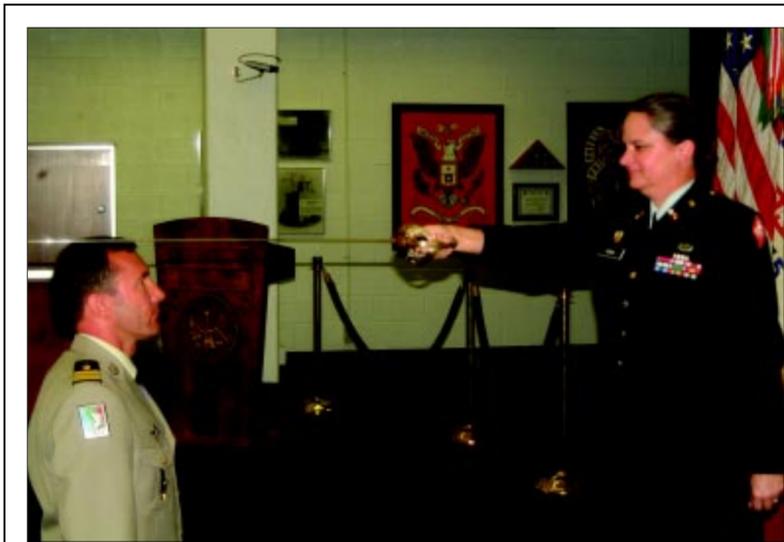


Photo by Staff Sgt. Stacy Wamble

Vive la France

Maj. Gen. Jan Hicks, U. S. Army Signal Center and Fort Gordon commander, promoted French Liaison Officer Ronald Tilly to colonel Monday in a ceremony at Conrad Hall. Tilly's promotion included a sword ceremony and the traditional breaking of a champagne bottle. Hicks read the promotion orders in French.

Minimizing damages with The Pen and the Sword



Allan Downen

Staff Judge Advocate office

Any time you, as a government employee, move from one duty assignment to another, you run the risk of suffering damage and loss to your personal property. Even if you are entitled to reimbursement for damages, you will probably not be able to completely replace your property with the payment you receive because the sentimental and practical value of your property may outweigh its replacement cost.

The following suggestions may assist in minimizing the damages to or loss of property during moves.

Require the packers to explain to you symbols they use to describe the condition of your property and insist that they show you their descriptions as they size up each item and record it on the inventory.

Check the descriptions they record for each item as they record it, and write down your exceptions on the bottom of the inventory sheet if the descriptions are inaccurate.

Require the packers to record important details, such as model numbers and brand names of high value items. This may help document your claim for damages later on, if necessary, and may help in recovering your property if it gets misplaced. Additionally, if you have original VHS tapes make sure they indicate this on the inventory, as opposed to blank VHS tapes.

Stop packers (or unpackers) if they abuse your property or are careless or reckless in handling your property, and phone the transportation office's point of contact for assistance in getting better service from the crew or in getting a new crew.

Study - do not simply read - the guidance provided the transportation office and follow

it.

Retain receipts for valuable items. If they are lost, it is your responsibility to prove the value of your property. The U.S. Army Claims Service recommends keeping all receipts for items greater than \$100 in value. If you have antiques, get an appraisal before the movers come to pack you out. This will help establish the value of your property.

Photograph or video tape your valuable items in order to substantiate your ownership and their condition prior to loss or damage. Additionally, compile a list of all CDs and original VHS tapes that you own. You will be required to provide this before any claim can be paid on these items.

Do not ship small, valuable, highly pilferable items such as jewelry, cash, stamp and coin collections. There will be no recovery for these items.

The Army has set certain maximum amounts payable for specific items. For example the maximum amount per item of furniture is \$3000. If you need more protection, you should consider buying insurance.

Safeguard all paperwork related to your property, including the inventory provided by the packers. The work you have done in preparation for your move may be moot if you cannot locate the paperwork when it comes time to file a claim.

Make sure you are there for your move. Work with your command so that you can be there. No one cares for your property as much as you do.

Each of us would like to complete a military career without loss of, or damage to personal property, but the odds do not favor such an outcome.

If you would like to learn more about preparing for a move check out the U.S. Army Claims Service Website at www.jagcnet.army.mil/usarcs.

(Downen is chief of the claims division for the SJA.)

Fort Gordon firefighters excel at combat challenge

Joseph Hamm

Fort Gordon Fire Department

The Fort Gordon Fire Department participated in the Firefighters Combat Challenge competition held at Myrtle Beach, S.C., June 20-21.

The first time participants placed 9th overall out of 22 teams, securing a place in the competition to be held at Pigeon Forge, Tenn., Aug.

10, and then at Winston-Salem, N.C., Sept. 6-7.

The Fort Gordon team is comprised of Assistant Chief of Operations Matt Williams, and firefighters Jeff Phillips, Jay Kleppen, Marcus Peterson and Michael Trainor.

After two grueling days of competition, on the way back to Fort Gordon on Interstate 20, the firefighters encountered a single car accident involving one citizen.

The vehicle flipped over the median from the I-77 overpass ejecting the driver who fell about 20 feet onto I-20.

The firefighters, two of whom are nationally registered emergency medical technicians, immediately gave assistance to the victim, who was then stabilized by the firefighters as they waited for local medical personnel to respond.

Stryker

From page 1

enemy forces so commanders can make appropriate decisions, said Maj. Jason Woodford, brigade automations management officer for the 172nd Separate Infantry Brigade.

"The intent is to see the enemy before he sees us so we can move to a better posture before making contact with the enemy," he said.

While at Fort Gordon, the soldiers will be trained in the use of radio systems, network management, network security, satellite systems, GPS equipment and other signal-related equipment, depending on the soldier's job. They will also cross train so they may operate more than one aspect of the vehicle.

"The (military intelligence) and signal must be trained before the rest of the brigade can stand up," said Woodford.

A group of the soldiers received training on the SINCGARS radio system Tuesday and Wednesday.

"They're doing hands-on training to know how the system fully operates," said Sgt. Erich Barter, course instructor from Company A, 369th

Signal Battalion. "These are the newest model radios like the ones they will be using in the Stryker vehicles."

Other groups are learning different aspects of the vehicle.

"The soldiers are learning the network essentials," Woodford said. "This is giving us the baseline of digital knowledge so when the time comes to do our job, we'll have the knowledge to know how to field the equipment."

There are about 70 soldiers here for the three-month training. Another group of soldiers is receiving their MI training now at Fort Huachuca, Ariz. After their respective training, the groups will return to Fort Wainwright where they will teach others in the use of the systems. The entire brigade will also train on how to drive and maintain the vehicle, as well as operate the remote weapons systems.

Then the brigade will begin field training, Woodford said, using the equipment the way it was intended in a field environment. After the brigade learns to work together with the new equipment, it will undergo certifica-

tion to be declared mission ready.

"We'll be prepared to deploy for any real-world mission the chain of command gives us," Woodford said.

Currently there are two Stryker brigades formed and being certified at Fort Lewis, Wash. This third brigade beginning its training here will be stationed at Fort Wainwright. A total of six of the brigades are planned Army wide, each having 300 of the vehicles.

In the end, the Stryker brigades will allow the Army to deploy a fighting force quickly.

"Things that were done previously with maps and charts, which can be cumbersome, are being replaced with digital formats and near real-time updating," Woodford said. "They are more accurate and allow a greater volume of information to the chain of command more quickly so they can make well-informed decisions more quickly."

"The specialized vehicles also give us greater lethality and mobility on the battlefield so we can fight on our time schedule not (the enemy's), with more accurate information."

Viewpoint

Information, Opinions, and Commentary

Garrison changing Fort Gordon looks



Commander's Corner

Command Sgt. Maj. Terry and I traveled to the Pacific for much of June and July and had the chance to visit members of the Signal Regiment.

While it was wonderful to visit soldiers across the Pacific, it was also great to be home after almost a month. We came home to lots of good news from the Garrison Command, too.

For example, last weekend we had the Professional Bowlers' Association in town for a tournament at our own Gordon Lanes.

What a great opportunity for our local bowling enthusiasts to get to watch and study some real pros!

Also, there's been a new stage and sound system installed on Barton Field across from the library, and there's a concrete pad installed in Freedom Park over which the Fest Tent will be erected for community events. That will make for much easier access and a cleaner floor area.

Garrison is also policing under-used picnic tables that can be placed where they'll provide better access.

We're expanding the pastures and playground at the riding stable, and lots of sidewalk work (installation of new and repair of old) is getting underway.

We also recently received word Godfathers Pizza is on the verge of renovating the old dining facility across from Darling Hall, and our 24-hour eatery is being bid soon.

There's a lot of construction underway with the utility system upgrades, and I know it's an incon-

venience to some of you, but it will have a wonderful long-term effect on support to the installation.

A new Arts & Crafts Center and a new carwash are underway, and the Golf Course is getting an incremental facelift that Mother Nature decided to begin before it was actually scheduled, but which Garrison Command will see through to completion.

I was updated that the Courtyard Recreation Center is going gangbusters and that the BOSS headquarters is very close to opening (I'll be gone during the ribbon-cutting, so Sergeant Major is going to do that; I don't want BOSS to wait on me to get into their new digs).

I found out there's a Taco John's coming into the AAFES food court, and there's a play at the Dinner Theater and auditions for the next one (*The Odd Couple*).

We tried out a new theme (Summer Carnival) for Thursday's Morale Call, there's a "Tour de Fort" bicycle race being planned for the fall and a Mardi Gras-like event for the winter.

We're up to 19 "adopted schools" in the community, our great Armor Battalion soldiers who've provided force protection augmentation for the last 11 months are leaving, but are being relieved in place by a Georgia National Guard Infantry Battalion, and, probably biggest of all, *Gate 5 opened*.

The sergeant major and I hardly recognized the place when we returned.

I want to thank our Garrison Command team for their great work, their consistent eagerness to respond to the wishes of the Fort Gordon community, and their willingness to go out on a little thin ice from time to time to try out something new that will bring greater and better services to you, the soldiers, families, and workforce on our post. Well done, Garrison Command. Thank you.

Brig. Gen. Jan Hicks

U.S. Army Signal Center
and Fort Gordon commander

The basics on skin cancer

The number of skin cancer cases has increased in the United States.

More than 1 million cases of basal cell or squamous cell cancer will be diagnosed in 2002. The most serious form of skin cancer, malignant melanoma, is expected to be diagnosed in 53,600 persons in 2002.

Since 1981, the incidence of melanoma has increased an average of 7 percent per year to a rate of 14.3 per 100,000 in 1997. Melanoma is the most common cancer among people 25 to 29 years old.

Basal cell and squamous cell carcinomas can cause substantial illness and, if untreated, can cause considerable damage and disfigurement. If detected and treated early, however, these carcinomas have a cure rate of more than 95 percent.

Malignant melanoma causes more than 75 percent of all deaths from skin cancer. This disease can spread to other organs, most commonly the lungs and liver. Malignant melanoma diagnosed at an early stage usually can be cured, but melanoma diagnosed at a late stage is more likely to spread and cause death.

Exposure to the sun's ultraviolet (UV) rays appears to be the most important environmental factor in developing skin cancer. This makes skin cancer a largely preventable disease when sun protective practices and behaviors are consistently applied and utilized. UV radiation is also a factor in the development of lip cancer, making sun protection even more important.

UV rays from artificial sources of light, such as tanning beds and sun lamps are just as dangerous as those from the sun, and should also be avoided.

Unfortunately, despite the fact that both tanning and burning can increase one's risk of skin cancer, most Americans do not protect themselves from UV rays.

Who Is at Risk?

Although anyone can get skin cancer, individuals with certain risk factors are particularly at risk. Some risk factors for skin cancer are:

- Lighter natural skin color
- Family history of skin cancer
- Personal history of skin cancer
- Constant exposure to the sun through work and play
- A history of sunburns early in life
- Skin that burns, freckles, gets red easily, or becomes painful in the sun

Asymmetry



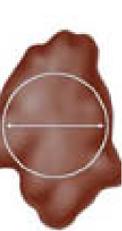
Border irregularity



Color



Diameter



- Blue or green eyes
- Blond or red hair
- Certain types and a large number of moles

Skin cancer destroys and replaces normal skin cells and tissues and, in some cases, can spread to other parts of the body. Most skin cancers start in the outer layer of the skin (epidermis). About 97 percent of all skin cancer is nonmelanoma skin cancer.

More than 1 million cases of skin cancer are diagnosed in the United States each year.

There are three main types of skin cancer.

Basal cell carcinoma is a nonmelanoma skin cancer and is usually not life-threatening. Basal cell carcinoma is the most common type of skin cancer and accounts for 80 percent of all nonmelanoma skin cancer.

Squamous cell carcinoma, also a nonmelanoma skin cancer, is similar to basal cell carcinoma in cell structure and treatment options.

Melanoma differs from nonmelanoma skin cancer in appearance, cell structure, and treatment options.

Melanoma can be life-threatening.

Skin cancer is caused most often by overexposure to the sun and its ultraviolet (UV) rays.

Overexposure includes:

- Occasional intense sunlight exposure during childhood that causes severe sunburn and blistering.
- Extensive sunlight exposure over many years.

Artificial sources of UV radiation, such as tanning beds or sunlamps.

Skin cancer appears as a change in the skin, such as a growth, an irritation or sore that does not heal, or change in a wart or mole. Skin cancer usually affects the head, neck, back, chest, or shoulders.

Skin cancer is diagnosed by a physical examination of the skin. If skin cancer is suspected, a skin biopsy will be examined by a pathologist under a microscope.

Your risk of developing skin cancer is increased if you have light skin color; freckle easily; have had frequent, severe sunburns; and live near the equator. Fair-skinned people with blond or red hair and blue or light-colored eyes have a greater risk of developing skin cancer than dark-skinned people. Other risk factors include an inability to tan and a family history of skin cancer.

Most often, skin cancer is treated with removal of the lesion. Treatment is very successful if done early.

Follow-up treatment for people who have a history of skin cancer includes regular examinations by a

health professional and frequent skin self-examinations.

Skin cancer can often be prevented by avoiding overexposure to the sun's UV rays. UV rays from artificial sources, such as tanning beds or sunlamps, can be just as dangerous as those from the sun.

(Information from the U.S. Army Center for Health Promotion and Preventive Medi-

cine. Statistics are from the *Cancer Facts and Figures 2002*, American Cancer Society, 2002.)

Malignant melanoma, the most serious form of skin cancer, is the most rapidly increasing form of cancer in the United States. Over 54,200 cases will be diagnosed this year.

American Cancer Society



*For those who do not understand, be thankful you did not waste half a day looking for something that does not exist.

Safety tip

Be Aware of Peak Mosquito Hours
The hours from dusk to dawn are peak mosquito biting times for many species of mosquitoes. Take extra care to use repellent and protective clothing during evening and early morning — or consider avoiding outdoor activities during these times.

The Signal

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Army releases findings from 507th ambush

Staff Sgt. Marcia Triggs
Army News Service

WASHINGTON — The Army released a 15-page report July 17 stating that members of the 507th Maintenance Company fought the best they could in Iraq until there was no longer a means to resist.

Elements of the Fort Bliss maintenance company became an American interest when a navigational error caused them to come under attack March 23 in the city of An Nasiriyah, Iraq.

The report states that of the 33 soldiers in the 18-vehicle convoy, six soldiers returned fire while moving and were able to maneuver their vehicles through the ambush and rejoin friendly forces.

Faced with small-arms fire and rocket-propelled grenades from all sides, 10 more members of the 507th were forced to set up a defensive perimeter after a number of their vehicles became inoperable. Under the supervision of Sgt. Matthew Rose, the report states that members of the team who were trained as combat lifesavers tended to wounded soldiers.

Marines from the 8th Tank Battalion, Task Force Tarawa, rescued the 10 soldiers after being informed of the situation by the six soldiers who escaped.

Contributing factors that led to the others being killed, dying from injuries or taken as prisoners of war were heavy vehicles that were unable to maneuver in the desert terrain and malfunctioning weapons, according to the report.

The report states numerous times that M-16 rifles malfunctioned or jammed. Other malfunctioning weapons were the M-249 Squad Automatic Weapon and the .50 caliber machine gun. However, the team that conducted the report did not find persistent problems with weapons, specifically

the M16A2 rifle.

"Dusty, desert conditions do require vigilance in weapons maintenance," officials said. "However, it is imperative to remember that at the time of the attack, the 507th had spent more than two days on the move, with little rest and time to conduct vehicle repair and recovery operations," officials said.

The report is intended to provide closure for the families of those who made the ultimate sacrifice, it states in its opening paragraph. In a narrative form, a brief description of the maintenance company's role and mission is given. The details begin March 20 and end March 23, the day of the attack, which lasted an estimated 60 to 90 minutes.

The treatment and the rescue of the former prisoners of war are not mentioned in this report. That's being investigated separately, officials said.

Pfc. Jessica Lynch, 19, a member of the 507th, was

rescued April 1 by U.S. military commandos from an Iraqi hospital. However, the report only states that she was seriously injured and captured when her Humvee was hit by direct or indirect

fire and crashed into a stalled vehicle. Lynch was in the backseat of the vehicle.

Pfc. Lori Piestewa, the only female casualty during the ground war, was the driver of the Humvee. She was captured along with Lynch, but died of her injuries, the report states.

The remaining five POWs, which also included female soldier Spc. Shoshana Johnson, were rescued April 13 by the 24th Marine Expeditionary Unit.

The information used to compile this report was taken from witness statements and other collected information, officials stated. Family members of soldiers who were killed in action and the former POWs have been briefed on the findings, officials added.

Contributing factors that led to the others being killed, dying from injuries or taken as prisoners of war were heavy vehicles that were unable to maneuver in the desert terrain and malfunctioning weapons.

Chaplain Corps marks 228 years

Steve Brady
Signal editor

The Army Chaplain Corps is celebrating its 228th anniversary Tuesday.

Locally, Fort Gordon unit ministry teams are marking the occasion with food, games and music.

"We're bringing in a rolling museum from the chaplain's school to have a sense of history," said Chaplain (Col.) Wilfred Brewster, post chaplain.

"We're as old as our nation," he said. The corps was formed the same year as the country, he said, and has been a part of the nation's history ever since. "In every major conflict we've been there."

More than 2,600 soldiers make up the corps, including chaplains, chaplain's assistants and directors of religious education.

Their mission is to provide religious services to all, regardless of denomination.

"Our mission, simply put, is to ensure the free exercise of religious rights of every soldier, family member and authorized (Department of Army) civilians," Brewster said. "We bring soldiers to God and God to our soldiers."

The corps serves 105 distinct denominations and faith groups that help it fulfill the mission.

To summarize the corps' mission, Brewster quotes Gen. George C. Marshall, Army chief of staff in 1941.

"I look upon the spiritual life of the soldier as even more important than his physical equipment. The soldier's heart, the soldier's spirit, the soldier's soul are everything."

"Unless the soldier's soul sustains him, he cannot be relied upon and will fail himself and his country in the end."

The celebration takes place behind the installation chaplain's office, Bldg. 29601. There will be games and music from 9:30-11:30 a.m., followed by the program and lunch.

Pfc. Jessica Lynch: Home to the mountains

Linda D. Kozaryn
American Forces Press Service

WASHINGTON — "It's great to be home," Pfc. Jessica Lynch told hundreds of well wishers who lined the streets of Elizabeth, W. Va., Tuesday to welcome the former POW home.

A Blackhawk helicopter carried the former POW to Elizabeth, after her discharge from Walter Reed Army Medical Center. Lynch then traveled the last five miles of her journey by motorcade to a private homecoming in her hometown of Palestine.

Flags, signs and yellow ribbons awaited the young soldier in Elizabeth. The Wirt County High School marching band was there, as was West Virginia Gov. Bob Wise, who said the people of West Virginia were welcoming back "a young citizen and a soldier."

"She left here as one of many newly enlisted in the military pursuing both her duty and her dreams," he said. "She returns a renowned international figure and the symbol of the quiet courage and commitment of all of our armed forces. And like all members of our armed forces, she may consider the duty that she had and what she did as routine, (but) we know that she and they have performed the heroic."

Wise said the entire state of West Virginia "has worn a yellow ribbon around its heart" since Lynch was captured. "In Palestine, after your rescue," he said, "a church put up a sign. The sign reads 'God is still in the business of making miracles.' One of his miracles has come home to the mountains today."

Dressed in her Army green uniform and black beret, Lynch appeared to hold back tears as she pushed her wheelchair up to a microphone to make her first public statement since her March 23 capture by Iraqi forces.

"Hi," she said simply, "Thank you for being here. It's great to be home."

Lynch went on to thank everyone who hoped and prayed for her safe return. "For a long time I had no idea so many knew I (had) been missing, but I read thousands of letters, many of them from children who offered messages of hope and faith."

She also thanked the West Virginians who gave donations to the Lynch fund and who volunteered their time and skills to work on her family's house. She thanked the doctors, nurses and staff members of Walter Reed Army Medical Center for their



Photo by Brett McMillan

Pfc. Jessica Lynch receives the Purple Heart from Lt. Gen. James B. Peake, U.S. Army surgeon general, at Walter Reed Army Medical Center on Monday. Lynch received the Bronze Star and the Prisoner of War Medal.

excellent care and the staff of Landstuhl Medical Center in Germany for their care and support.

"I'd like to thank the Fisher Foundation, Gov. Bob Wise, and United States Senator Jay Rockefeller for the roles they played in helping my family to be with me in Germany and Washington," Lynch added. "I'm also grateful to several Iraqi citizens who helped save my life while I was in their hospital."

"Lynch also thanked the Special Forces soldiers who saved her life and praised an Army sergeant who's been her inspiration during her recovery.

She spoke about her combat experience. "I'm proud to be a soldier in the Army,"

she said. "I'm proud to have served with the 507th. I'm happy that some of the soldiers I served with made it home alive. And it hurts that some of my company didn't. "Most of all I miss Lori Piestewa, she was my best friend, she fought beside me and it was an honor to have served with her. Lori will always remain in my heart. (Pfc. Lori Ann Piestewa, 23, of Tuba, Ariz., was killed March 23, 2003, in Iraq.)

"I've read thousands of stories that said when I was captured I said, 'I'm an American soldier too.' Those stories were right. Those were my words. I am an American soldier, too. Thank you for this welcome and it's great to be home."

Generations cope with feelings in different ways

I had an interesting day the other day. I got into a conversation with an elderly lady I know. She tried to convey to me that I had it a lot easier than a spouse of a military man in the world wars and Vietnam.

I have to say first and foremost, I have respect for any military spouse who has had to wait for her soldier to come home from a conflict that involved weapons being aimed at them. I just try not to compare situations.

While my friend expanded her points, I tended to agree with her, sort of.

Yes it was true that letters were fewer and far between, and the information did not

flow so freely from the front, so there was more a sense of constant waiting for spouses in previous conflicts.

They had no idea when a loved soldier would come home, where he was, or what was happening to him. And most definitely, they were gone a lot longer, though the time line is still out on my spouse, as I still do not know when he is coming home.

And I listened, because I have found it is best just to listen in moments like this. Arguing about this would solve nothing, because each conflict produces different situations. And that is what this was about, situations. Some of the things

she mentioned, well they still ring true today.

I have had time to absorb what

happened during the war. Yes, with all the embedded reporters, 24-hour access to reports from the front, and constant bombardment of information, be it television, magazines and newspapers, people have more information today than ever during the previous wars.

I am still pondering if the embedded reporters were a good thing. Embedded reporters definitely showed the Army for the honorable people that serve in its ranks, and that I think was well deserved. But when I pondered more of what my elderly friend said, I had to disagree in my mind on some level.

With e-mail and instant communications, I have to admit, when they were not there, when I did not hear from my spouse, I felt like the ladies of old. And though I may not have had to wait as long to know he was OK, it being a matter of days or weeks, not months, that unsure feeling, no matter when or how long you feel, it is real.

And it cannot be discounted for the waiting spouses of the current conflict. Our waiting has been different than spouses before. I have the deepest respect for what they went through during the previous wars; I however will not compare their experience to mine, because it is a different situation.

As my friend natters on, my thoughts drift, to miss someone during a war situation is an indescribable thing. How can someone convey the

muddle of emotions a person feels while their loved one is in harms' way.

There is pride, love, anger, frustration, sadness, grief, and fear. Fear is a dangerous one, because it can take over all of your being. It can paralyze your actions and your thoughts. I still have a lurking fear, as anyone can get hurt any time, any place. Lurking is a good word, because that fear is always on the fringe of the thoughts I have.

I pray every night that my loved one will come back safe and sound. I pray every night that he can feel the love I have for him. And while I know a soldier draws strength from many places, I pray that the love I have for him brings him comfort during these trying times. I hope that he knows it grows stronger, while we are apart.

Back to the present, my friend and I concluded our conversation with farewells and future get-togethers. I walked away to ponder the things she had said. In the end I think each spouse, in each situation, goes through something that is theirs alone, theirs to handle, and theirs to process. To compare them is not an effort worth making.

Each spouse runs the gamut of emotions that being separated during a conflict brings. I will deal with my situation, my way, ...while I am waiting.

(Editor's note: "While I am waiting..." is a series of comments and events from the spouse of a deployed soldier who wishes to remain anonymous.)



What you believe does matter

Chaplain (Lt. Col.) Larry Lawrence

Deputy Installation Chaplain

I'd like to start off with a story from the Old West. A trapper was being chased by a grizzly bear. He dropped his gun, his pack, and everything else that he could possibly unload so that he could run faster, but the bear was still gaining ground.

Finally he was forced to make a stand. He ran into a small clearing and put his back to a stump, taking out his knife as he did so. The bear also stopped, about a foot away, with its teeth bared and claws extended.

The trapper, though not generally

a religious man, offered up a quick prayer.

"God, if you're on my side, let my knife git 'im quick in 'is vitals, an' if you're on 'is side let 'im finish me first off. But, O God, if you're neutral, you just sit there on that stump, an' you'll see the darndest bear fight you ever saw!"

I think that trapper showed a lot of humility by conceding that, in a fight between himself and a bear, the Lord just might have been neutral. That's sort of refreshing.

Almost every warrior I've ever heard of has been convinced that God was on his side. Abraham Lincoln was one of the few leaders who was ever wise enough to see that the question

is not, "Is God on our side?" but, "Are we on God's side?"

I ask you that today because of our scripture reading. Speaking of the name of Jesus Christ, Peter declares, "Neither is there salvation in any other; for there is none other name under heaven given among men, whereby we must be saved."

Peter definitely doesn't leave much room for debate here. "There is none other name. . . ." None.

The kind of God you have will determine the kind of man or woman you become. Jesus said, "When ye have seen me, ye have seen my father." That is true of all of us. The lives we live are a reflection of the gods we worship. Some of us wor-

ship money. We might as well admit it. Some of us worship physical beauty. Others worship the esteem of our fellow man. The gods we worship will be reflected in the life we lead.

Lyman Abbot once rewrote the Lord's Prayer to reflect how a person without God might pray. This is what he wrote.

"Our brethren who are on the earth, Hallowed be our name, Our Kingdom come, Our will be done, for there is no heaven. We must get this day our daily bread; We neither forgive nor are forgiven. We fear not temptation, for we deliver ourselves from evil. For ours is the kingdom and the power, for there is no glory and no forever."

Can you see what such a philosophy could do to a person's life. The good news about God that Jesus revealed to us is that He is a loving and purposeful God who is involved in His creation. He notices when the smallest sparrow falls from the sky, and cares about the least and the lowest.

Saints and sinners, landed gentry and outcast leper, no one is left out of His love. Indeed, God's very nature is love. Can you see what a difference that makes?

The world needs to know about that love because it is the world's hope, which is the same as saying that Christ is the hope of the world. The world needs to know about Jesus because he reveals the nature of God.

Drill sergeant spotlight

Name: Sgt. 1st Class Laurie Glass

Unit: Company E, 447th Signal Battalion

Hometown: Decatur, Ga.

Time at Fort Gordon: 34 months

What do you enjoy about being a DS? I mostly enjoy sharing my military life with my soldiers so they can set goals for themselves and don't make the same mistakes I did as a young soldier. Education is the key.

What do you want to accomplish in the Army? I want to return and be the 15th Signal Brigade command sergeant major, and if I'm really good, the post command sergeant major. And then at the ripe, young age of 49, I can retire.



Sgt. 1st Class Glass

Profiles wanted for newspaper interviews

The Fort Gordon Public Affairs Office is looking for servicemembers and civilian employees to feature in the Augusta Chronicle's weekly supplement, Fort Gordon Neighbors.

The individual featured in the Fort Profile section of the paper, consists of a photo and information about the person and their contributions to post.

Nominations may come from the commander, executive officer or command sergeant major of a battalion or its equivalent. Candidates can be a company's soldier of the month, quarter, or anyone deemed worthy.

Duty section submissions should come from the

individual's supervisor. If the individual is in the military, the battalion commander or executive officer must approve the submission.

Tenant units on post should submit through their public affairs office or representative.

Submission deadline is Sept. 16. Photo and interview sessions will be held at 8 a.m. Sept. 18 at the Signal Corps Museum, Conrad Hall.

Send nominations by e-mail to holmesw@gordon.army.mil, fax to 791-2061, or through distribution. For information, call Henry Holmes at 791-5139.

NCOA job fair

The Noncommissioned Officers Association is having a job fair from 9 a.m.-3 p.m. **Wednesday** at the Sheraton Hotel, 2651 Perimeter Parkway. An NCOA mini resume is required and may be found at www.ncoausa.org. For information, call (210) 653-6161 ext. 222.

Air Force Ball

The 31st Intelligence Squadron (U.S. Air Force) will hold the 2003 Air Force Ball **Sept. 26** at the Sacred Heart Cultural Center in downtown Augusta. The theme is the "Centennial of Flight." Call 791-9662 or 791-3578 for more information or to purchase tickets.

513th re-opens dining facility

The 513th Military Intelligence Brigade's dining facility is open again. The DFAC, located on B Street, is open for breakfast 7:30-9 a.m., and lunch from 11:30 a.m.-1 p.m. For information,

call 791-6778.

Changes of command

The 93rd Signal Brigade change of command ceremony is at 8 a.m. **today** at the Barton Field Reviewing Stands.

Commander Col. Daniel Gerstein relinquishes command to Col. Nathaniel Smith. Call Maj. Tina Schreiner or Staff Sgt. Kelly McCargo at 791-9309.

The 116th Military Intelligence Group will host its change of command ceremony at **8:30 a.m. Wednesday** at Barton Field. Col. Daniel Daley relinquishes command to Col. Robert Carr.

The 442nd Signal Battalion changes command at 8 a.m. Aug. 7 at the Barton Field Reviewing Stands.

Outgoing commander Lt. Col. Robbie Mosley will relinquish command to Lt. Col. Rosemary Carter. For information, call 791-2516.

School dress code

The Richmond County Board of Education recently announced a revised mandatory dress code for the 2003-04 school year.

Tops must be solid red, white or blue, while bottoms must be blue, black or khaki; denim is acceptable. All pants must be of a traditional style, and fit at the waist.

There is no "opt out" provision this year. Classes begin Aug. 12 in Richmond County. For information, call 737-7200.

Car wash

The Fort Gordon chapter of Omega Psi Phi is having a car wash fundraiser from 10 a.m.-4 p.m. Saturday in the Fort Gordon PXtra parking lot, across from Burger King. Donations will benefit the Upsilon Gamma Gamma Chapter scholarship fund. For information, call Capt. Leonard Newman at 791-8514.

Human resources workshop

The Society for Human Resource Management Augusta Area Chapter will host a session on the impact of the aging workforce from 11:45 a.m. to 1 p.m. **Wednesday** at the Holiday Inn West on Steven's Creek Road.

Guest speaker is Lucy Welchel, a consultant from Covington, Ga., noting the impact of the baby boomer generation's retirement from the workplace.

Cost for non-members of the SHRM Chapter is \$15. Guests interested in attending should contact Karen Whitman at 220-2915 or by e-mail at karen.whitman@siteeast.com by today.

Tuition assistance

The Army Tuition Assistance Program provides soldiers assistance with tuition fees for college classes.

The Army will pay up to \$250 per semester hour for a post-secondary course. Soldiers may be eligible for payment of some fees over and above the tuition rate.

However, total benefits cannot exceed the established rate of \$250 per semester hour. The total tuition assistance benefits per individual for FY 03 can not exceed \$4,500.

To find out more about the use of TA, call 791-2000.

Lake activities

Fort Gordon Recreation Area and Strom Thurmond Lake offers lodging, campsites, pavilion, picnic area, boat/RV storage, camping equipment and more.

For more information on the recreation area or reserving part of the area go to www.fortgordon.com or call 541-1057.

ATNM conference

The semiannual Army Tactical Networks Modernization Conference for tactical Signal unit commanders is **Aug. 11-15**. Preregister now through Friday. A primary focus will be the top five critical systems as designated and approved by the recent Signal Council of Colonels. Relevant vendors will also have displays. Go to www.signalcorps.org for information and registration.

Museum activities

The Augusta Museum of History is having a paper-making workshop at 1 p.m. **Thursday** at the museum. The workshop is free; reservations are required by calling 722-8454.

The museum is having Family Fun Day at 2 p.m. Aug. 10. The program will feature guided tours of the museum's *Augusta Story* exhibit.

The museum is located at 560 Reynolds St. in Augusta.

School screenings

School screenings will be held at the Primary Care Clinic from 8 a.m. - 4 p.m. **Saturday, and Aug. 2 and 9**. This is a one-time screening required for all students entering Georgia public schools for the first time.

Parents should bring their ID card, medical records (if not

At the Movies

The Signal Theater is open Thursday-Sunday. Shows begin at 6:30 p.m. The late show on Saturday begins at 9:30 p.m.
Children 12 and over and all adults are \$3. Children 6-11 are \$1.50. Children under 5 are free.
For movie listings and times, call 791-3982.

July 25-31

Today - Dumb and Dumberer (PG-13)
Saturday - 2 Fast 2 Furious (PG-13)
Saturday late show - Wrong Turn (R)
Sunday - Dumb and Dumberer (PG-13)
Thursday - Rugrats Go Wild (PG)

Note: Attendance at Fort Gordon's movie theater is strictly limited to authorized Post Exchange patrons.

kept at Eisenhower), shot records, eye glasses, hearing aids, medical stamp card and medical power of attorney (if applicable).

To make an appointment or for information, call the Family Practice Clinic at 787-7300. For sports physicals, contact your primary care physician.

Classes begin Aug. 6 in Columbia County, and Aug. 12 in Richmond County.

Employment workshop

A weekly workshop, "Tools of Employment," is held Tuesday mornings to assist in resume writing, job searching, and interviewing techniques. It is strongly recommended that this two-hour workshop is attended before the job search begins.

The program manager is available for individual appointments or walk-ins and can provide individual assistance by appointment or walk-in. In the ACS lobby, job books are available containing recent recruitment actions notices of local businesses.

For more information, call 791-3579.

Newcomer orientation

The newcomer orientation is held Tuesdays and Fridays

at 1 p.m. in Room 367, Darling Hall.

PIE meetings set

Parent Information Exchange meetings are the fourth Thursday of every month in the ACS conference room from 11:30 a.m.-12:30 p.m. A different agency is highlighted from the community to share information with parents about various medical conditions and educational issues.

Call 791-4872/3579 for information about EFMP.

Women's Equality Day

The Women's Equality Day command program is 1:30 p.m. Aug. 28 at Alexander Hall. The guest speaker will be Georgia Representative Sue Burmeister.

For information, call 791-2014.

Chaplain Corps anniversary

The Chaplain Corps is having its anniversary celebration **Tuesday** behind the installation chaplain's office, Bldg. 29601. There will be food, games and music from 9:30-11:30 a.m.; the program and lunch is from 11:30 a.m.-2 p.m. Call Chap. (Maj.) Ronald Owens at 791-0969 for more information.

Fort Gordon Report

COMING UP

The newest edition of the *Army Newswatch* premieres **Monday** and includes the following stories:

- Stopping looters in Iraq
- Stryker deployment exercise

- **Gen. Pace visits Afghanistan**
The *Fort Gordon Report* and *Army Newswatch* alternate weeks on Charter Cable Channel 13 on:

Mondays and Thursdays at 7:30 a.m., 12:30 p.m., 5:30 p.m., 8 p.m. and 10:30 p.m., Tuesdays and Fridays at 7 a.m., 12 p.m., 5 p.m., 8 p.m. and 10:30 p.m., Wednesdays at 6:30 a.m., 11:30 a.m., 4:30 p.m., 8 p.m. and 10:30 p.m., and Saturdays and Sundays at 8 a.m. and 4:30 p.m.

The next edition of the *Fort Gordon Report* premieres **Aug. 4**.

Catch the newest "Fort Gordon Report" on Comcast Cable Channel 66 on: Mondays, Thursdays, Saturdays and Sundays at 9:00 p.m., Tuesdays, Wednesdays and Fridays at 8:30 a.m.

The "Fort Gordon Report" is the Signal Center's official television news program and is produced on post by the Fort Gordon Public Affairs Office and the Training Support Center.

Sports & Leisure

Sports UPDATE

Swim lessons

The American Red Cross offers swimming lessons at the Ring Hall pool for children ages six months to 18 years. Lessons are open to active duty, Department of Army civilians and family members. Cost is \$50 per student. Call 791-3034.

Lacrosse club meets

The Aiken-Augusta Lacrosse Club practices **Sunday, Aug. 10 and 24, and Sept. 7** in both Aiken and Augusta. The club is open to players of all abilities. Call 733-4271 or 854-1908 for information.

Ladies golf schedule

Thursdays are ladies golf days at Gordon Lakes Golf Course. Tee time is 8 a.m.

For information, call Pauline Blandeburgo at 863-3747.

Spouse bowling night

The Gordon Lanes Bowling Center offers bowling for spouses of deployed soldiers the **third Thursday** of each month beginning at 7 p.m. The cost is \$1.25 per game with no charge for shoe rental. Call 791-3446 for information.

Riding lessons

English and Western riding lessons are available at Hilltop Riding Stables for ages six and older.

Group lessons for three or more people are \$15 per person, per lesson on **Thursdays**.

Private lessons are \$25 per person, per lesson, and semi-private lessons for two people are \$20 per person, per lesson on Monday, Tuesday, Thursday and Friday. Call 791-4864 for details.

Ski club meets

The Augusta Ski and Outing Club, for people who enjoy camping, cycling, and other outdoor recreation, meets the first **Tuesday** of each month. Call 651-1556 for details.

Referees wanted

The Augusta Ice Hockey Association is accepting applications for ice hockey officials. Applicants must have a working knowledge of ice hockey rules and be able to skate; the association will train and certify.

For more information call 556-3091 or 863-0061.

Hockey players sought

The Augusta Hockey Association is looking for ice hockey players for the upcoming fall season starting in **September**. Open hockey for all ages available now. Call 556-9957 for information.

Payday scramble

The next payday scramble at Gordon Lakes golf course is **Aug. 6** with tee times available from 7:30 a.m. - 2:30 p.m. Reservations may be made seven days in advance by calling 791-2433. Cost is \$22 for active duty, \$30 for guests, which includes greens fee, cart and prizes. Call 791-6854 for information.



Graphics by Pfc. Barbara Brown

Local amateur bowlers had the opportunity to bowl with tournament bowlers Friday night at Gordon Lanes.

Gordon Lanes hosts PBA Tournament

Staff Sgt. Stacy Wamble
Signal military editor

The pins were flying at Gordon Lanes this weekend at the third Professional Bowling Association's South Region Fort Gordon Open.

Shawn Evans, Satellite Beach, Fla., usurped two-time winner Patrick Allen to claim the \$2,500 purse with 5,213 pins. Allen placed third in the tournament with 4,863 pins.

"I'm going to try to three-peat like the Lakers and Yankees did a couple of years ago," said Allen before the tournament.

This year's tournament format was different from the past two years. Bowlers are divided into two squads and bowl eight games straight, with the top 24 going to the semi-finals and the top 16 bowlers proceeding to the finals. The final brackets are the best two out of three, according to Jim Neal, bowling center assistant manager.

"It's a lot more of a luck box," said Allen about the new format. "The middle of the line bowler has a better chance."

The pattern used during the tournament was pattern B, which has the longest sports pattern used on the regional tour measuring 43 feet, and the highest volume of oil of any of the five patterns according to Tim Stancil, bowling center manger.

There were 104 bowlers in the tournament including an active duty soldier from Fort Benning, Ga.

1st Lt. David Walters said he felt he had a good chance at placing in the top 16 going into the tournament.

"I have the right people helping me when I need it," said Walters. "It's a matter of bowling on the pattern."

Walters has bowled in six regional tournaments this year in preparation for national tournament play, and placed in the

top 16 once. Walters placed 64th at the Gordon tournament.

"At this level, it's whoever has the best day and who throws the ball the most consistently," said Walters. "It's just depends on how bad you want it."

"You can't slip up. If you lose your mental focus, that's it," said Walters. "Moving from amateur to professional is a psychological game. You are no longer watching the pros, you're playing with them."



Ken Simard gets in a few games during the ProAm Friday. Simard placed fifth in the PBA tournament.

Ranger brothers get ESPY Award

By Alfonso Lopez
Army News Service

WASHINGTON— Brothers Kevin and Pat Tillman, both members of the 75th Ranger Regiment, were presented with a distinctive award July 16 during the 2003 ESPY Awards on ESPN.

The brothers are the recipients of the 11th annual Arthur Ashe Courage Award. The award is given to those who serve a greater good outside the sporting arena, officials said.

The two are known for trading in their team uniforms for BDUs. Both had flourishing sporting careers. Pat played football for four seasons as a safety for the Arizona Cardinals. Kevin played baseball for the Cleveland Indians' minor league team.

The brothers were deeply impacted by the Sept. 11 attacks, according to family and friends. It was the catalyst for pushing them to enlist. Pat turned down a \$3.6 million contract with the Cardinals to join the Army. Kevin ended his baseball career for the same reason.

Pat and Kevin both signed up for three years with the Army. They soon earned their place with the elite Army Rangers. There they were able to serve in Operation Iraqi Freedom, from where they recently returned.

They maintained a low profile while they served, said Lt. Col. Don Sondo. They did not want special treatment for their celebrity status. The difference between sports and combat is the cost of being wrong, said Sondo. In a sport, you lose a game, Sondo said, adding

that in combat you lose lives. Sondo said the Tillmans fully integrated themselves into the Rangers.

Younger brother Richard Tillman was not shocked when he heard of Kevin and Pat's decision. They had talked about it for a long time, he said. He pointed out that they would look up at pilots flying over the stadium during their games and think, "this is a game, what am I doing...I'm playing a sport."

"Pat and Kevin don't think they are better than anyone else," said Richard.

They do not feel that the soldiers fighting alongside them are giving any less than they themselves are, he said.

Family and friends said the brothers are no strangers to obstacles. "No one could be harder on them than them," Richard said. Pat for one attended Arizona State, being the last chosen scholarship recipient.

Actor Keifer Sutherland presented the Espy award to Richard.

A video presentation showed clips of the Tillmans from youth to enlistment. Family and friends spoke highly in the video.

"You'll spot a Tillman from a mile away," said high school coach Scott Gillis, mentioning how they stuck out in crowd.

"Pat and Kevin always try to save the day," said Richard.

The three brothers were very close growing up and never had jealousy issues, said their father Patrick Tillman. "They believed family was more important than everything," added Richard.

Richard concluded by thanking the Ashe family, his parents, and his sister-in-law. He then thanked the men and women of, "special operations for the freedoms we've become accustomed to."

Pain is weakness leaving the body...or is it?

Spc. Leslie Pearson
513th Military Intelligence Brigade

Physical training is as much a part of being a soldier as is any other aspect of the job. Having a well-conditioned body is a key component in the Army's core structure because being fit means being ready at all times for a combat situation.

A balanced amount of physical training helps to tone and strengthen the body, as well as the mind, said Staff Sgt. Brent Williams, 513th Military Intelligence Brigade, staff judge advocate NCOIC and HHC 2nd platoon guide.

By doing cardiovascular activities and muscular strengthening in moderation, soldiers can reap long-term health benefits.

According to a recent report from the Surgeon General on physical activity and health, regular exercise can reduce the risk of premature death, decrease chances of developing heart disease, high blood pressure, high cholesterol, colon cancer, breast cancer, and diabetes.

It enables people to maintain an ideal body weight and lose fat, it aids in building and maintaining healthy muscles, bones and joints, as well as reducing feelings of

depression and anxiety by improving one's psychological well-being which in turn can enhance work, recreation, and sport performance.

Of course, nutrition also plays a big role in a healthy lifestyle. As the old saying goes, you are what you eat. A proper balance of carbohydrates, fats, proteins and water can increase physical performance.

While there are many benefits associated with regular exercise, if working out becomes consistently or increasingly painful, it may be a sign of an overuse injury.

"It's wonderful that we have a highly fitness conscious military because it's very helpful, but we've developed a culture that has gone a little bit overboard with exercise," said Col. Jeremy Hutton, a physical therapist at Eisenhower Army Medical Center.

The Army has specific guidelines for PT that covers the proper way to perform stretches, joint rotations, and various recommended exercises. Unfortunately, doing these things incorrectly or overdoing it can cause serious injuries.

According to Hutton, the most common problems being treated at the hospital's physical therapy service are shin splints, patella femoral



Photo by Spc. Leslie Pearson

Soldiers from the 297th Military Intelligence Battalion do stretches and calisthenics before conducting physical training.

pain or knee cap pain, sprained ankles, several types of foot pain, and hip and back problems.

"The biggest problem I'm seeing now in the military is overuse injuries caused by inappropriate physical training," said Hutton. "These injuries typically come from doing too much high impact exercise, primarily running. While these kinds of injuries are not all preventable, a fair

number of them are."

The Army's Training and Doctrine Command and the Center for Health Promotion and Preventive Medicine have been working together on something called the Muscular Skeletal Injury Prevention Program, a six module educational product that teaches good principles on how to conduct physical training.

"MIPP is basically a

collection of data on injuries and how to prevent them with research on the common problems of military physical training," said Hutton.

While these modules are not intended to replace the Army's Physical Fitness Training Manual, the aim is to provide people with additional information on how to conduct PT without developing unnecessary overuse injuries.

Spectrum

Trailblazin'



Photos by Spc. Leslie Pearson

Leitner Lake Recreational Area offers outdoor activities such as hiking, fishing, hunting, trapping and horseback riding. (Right) Spc. Rocky Natividad, 513th MI BDE, HHC, supply specialist and unit armorer, rides the trails located at Leitner Lake.

Leitner Lake provides safe haven for outdoor activities

Spc. Leslie Pearson
513th Military Intelligence Brigade

Leitner Lake Recreational Area, the usual summertime place for company picnics or cookouts, is a safe environment for soldiers and their families who like to relax and enjoy fun outdoor activities such as hiking, fishing, hunting, trapping and horseback riding.

For Staff Sgt. Dan Stanhagen, 513th Military Intelligence 20th Battalion counter intelligence agent and avid cyclist, one of the nicest things about being stationed at Fort Gordon is the endless dirt roads and trails surrounding the lakes, where he can ride his bike for hours without the interference of dangerous traffic.

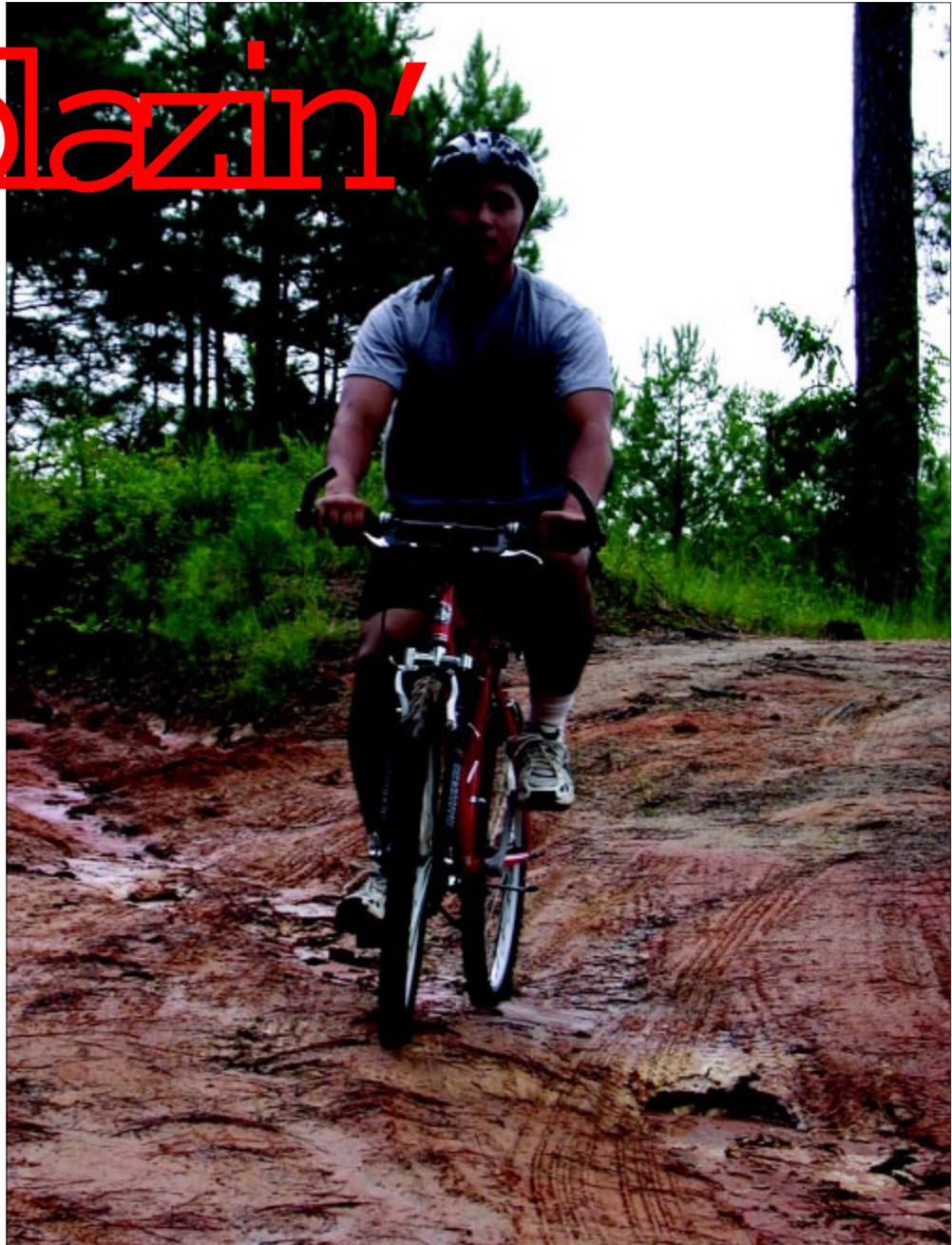
"I feel a lot safer riding my bike on the trails because most of the people there are

fishing, so their cars are usually just parked on the side of the road. It's a great way to get some exercise in on the weekends because some of the hills on the way there are killer, but it's a lot of fun too and that's why I do it," said Stanhagen.

The lakes area is normally accessed by taking Range Road. Because of security reasons, however, that road is closed. North Range Road also leads to one of the first trail entrances marked by a sign that reads "controlled lakes area."

Riding along the path and passing the lakes, without veering off onto another trail, is a smooth four miles which ends at North Range Road again. It's another three miles back to the trailhead, going straight on North Range.

"I first found out about the



trails at the beginning of spring when the weather started warming up. A friend of mine who's been stationed at Fort Gordon for a few years showed me the way. Then I met another person who had a bike and now we

try to ride as much as we can on the weekends. The roads go on forever so sometimes we just make a day of it and bring some snacks and a book to read when we want to take breaks. For me it's a way to relax; it's challenging

but it's also a great way to relieve stress," said Stanhagen.

"I'm really glad we have access to stuff like that on this post."

Shades of Green at Disney delays reopening until March

Army News Service

ORLANDO, Fla. – The renovated Armed Forces Recreation Center "Shades of Green" at Walt Disney World Resort will open its doors to guests March 1 instead of Dec. 15 as originally planned.

Unexpected construction delays have caused officials to move the opening date back 76 days, according to Peter F. Isaacs, chief operating officer at the U.S. Army Community and Family Support Center. He said When Shades of Green does reopen, there will be 586 new or renovated rooms, 500 new covered parking spaces and 7,500 square feet for special events.

"When we were on schedule, we began accepting guest reservations in December of last year," said Isaacs. "We sincerely regret the inconvenience this causes our customers and want to give them as much advance notice as possible. We are in the process of notifying those who have reservations and offering them other options."

Shades of Green General Manager Jim McCrindle personally signed more than 2,200 letters to guests already booked at Shades of Green, informing them of the delay. "We're genuinely sorry for the delay, but it was unavoidable," he said.

Guests who already hold reservations are offered three options:

1. Keep the same vacation dates for 2004 at the same room rates guaranteed in 2003.
2. Keep their vacation dates for 2003 at a comparable Disney Resort at the same room rates plus the applicable state tax of 11 percent.
3. Cancel the existing reservation and receive a full refund.

The renovation and expansion project that began in April 2002 was driven by high demand that kept the original 288 rooms at or near 100 percent occupancy. The hotel is financially self-sufficient, and no taxpayer dollars are used in the operations or for the new construction.

Among the new rooms are 10 additional six- and eight-person suites. More rooms also



Courtesy photo

Construction on Shades of Green continues. The facility will reopen in March.

conform to the Americans with Disabilities Act.

"We had handicapped-accessible rooms before, but now we will have bona fide ADA-designed and equipped rooms with wider bathroom doors and roll-in showers," said McCrindle.

Existing rooms are completely made over with new carpet, paint, curtains, and bedding. All rooms, except the suites, are the same size and are equipped with ironing boards, refrigerators, and new televisions with wireless keyboards. Guests will be able to play games and order attraction tickets online as well as access the Internet for a nominal fee to check e-mail.

There will be a ballroom, meeting rooms, and four eateries. Existing restaurants were completely remodeled and a northern Italian-theme "trattoria" is being added.

The current room rates of \$66 for E-1 through E-5 will only go up \$4 to \$70. Other

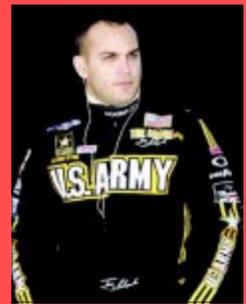
rates are based on rank.

The Armed Forces Recreation Center is open to DoD ID-card holders in all branches of military service: active-duty and reserve components, DoD civilians, both military and civilian DoD retirees, and their families.

"The information about our new opening date and reservations is on our Web site," said McCrindle, adding "The best way to make a reservation is to use the web site as the phones tend to be overloaded."

The Web site is www.shadesofgreen.org or call toll free (888) 593-2242.

(Information provided by CFSC Public Affairs.)



Tony "The Sarge" Schumacher eliminated in second round

Tony "The Sarge" Schumacher dropped a second round encounter to Larry Dixon in Sunday's Mopar Mile-High Nationals at Bandimere Speedway.

The driver of the United States Army Top Fuel dragster, who came out of the number eight hole in the Top Fuel order, beat Rhonda Hartman-Smith in the opening round, before losing to the defending Top Fuel world champion.

"After seeing Dixon put up a 4.7-second run in the first round, we knew we had to be perfect against him," said Schumacher. "We had a rough time this weekend, overall, making power. I guess "Thunder Mountain" and its thin air was not very kind to the Army team. We'll get after it again next weekend in Seattle."

(Information taken from an Army news release.)